

# SPORT PROGRAMME



	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY		NIVELES LEVELS	
08:00								08:00		
08:30								08:30		TODOS ALL LEVELS
08:45								08:45		
09:00								09:00		PRINCIPIANTE BEGGINERS
09:15								09:15		
09:30								09:30		MEDIO MEDIUM
09:45								09:45		
10:00								10:00		AVANZADO ADVANCED
10:15								10:15		
10:30								10:30		PUNTO DE ENCUENTRO MEETNG POINT
11:00								11:00		
11:15								11:15		PLAZA VERDE
11:30					TRX 			11:30		STRETCHING ROOM
11:45								11:45		
12:00								12:00		RECEPTION
12:30								12:30		
12:45								12:45		
13:00								13:00		CABARET
13:30								13:30		
14:00								14:00		GYM
14:30								14:30		
14:45								14:45		
15:00								15:00		
15:30								15:30		
15:45								15:45		
16:00								16:00		
16:30								16:30		
16:45								16:45		
17:00			OPEN WATER 	CYCLING 	RUNNING 			17:00		
17:30								17:30		
17:45								17:45		
18:00								18:00		
18:30		GYM 		GYM 				18:30		
18:45	TRX 		TRX 					18:45		
19:00								19:00		
19:30								19:30		
19:45								20:00		
20:00								20:30		
21:00								21:00		
21:30								21:30		
22:00								22:00		

Para la actividad de "OPEN WATER", se debe hacer reserva

OPEN WATER activity must be reserved.

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16.08.2024